



KYAMULIBWA ANTI - AIDS PROGRAM

DISTRIBUTION OF RE-USABLE PADS TO GIRL CHILD IN SCHOOL PROJECT

START DATE : 27TH MAY 2022

REPORT DATE : 7TH JUNE 2022

Background

- This project is aimed at keeping girls in schools during menstruation period.
- Also to help equip girls and ladies of the community with skills on how to make these re-usable pads.
- Thirdly, to promote menstrual Hygiene for girls in rural schools specifically Kyamulibwa Village.
- The project was implemented in 4 schools in Kyamulibwa village by KAP members on the 27th May 2022.
- Trainers were searched and obtained from a community which had benefited from a similar project by another organization.
- 800 re-usable pads were given to 200 students. Each pack contains 4 re-usable pads and these benefited 50 students from each school.

How the project was implemented

Schools were identified by KAP members living in Kyamulibwa Village.

- Meetings with schools` administrations were held and the project was well received by all the schools.
- Letters confirming the date of execution were sent to the schools on 1st April 2022.
- Trainers were also contacted to confirm their availability on the scheduled day.
- The order for 800 re-usable pads (200 packs) was placed on 14th April 2022.
- The re-usable pads were picked and transported from Kampala to kyamulibwa on 27th May 2022.
- Students were organized and training sessions were conducted by the trainers in the four schools.
- Re-usable pads were distributed to girls in four schools in Kyamulibwa Village, 2 primary and 2 secondary schools. And these are; St. Benedict primary school, Kabungo Primary school, Kyamulibwa Holy family Secondary school and Greenhill secondary school.
- 800 re-usable pads were given to 200 students. Each pack contains 4 re-usable pads and these benefited 50 students from each school.
- 3 community ladies were trained how to make and Maintain menstrual Hygiene.
- Reduction of abscentism from school by girls during menstruation period.
- Promotion of menstrual hygiene in girls.
- Reduction on monthly home expenses on pads by parents.
- • Acquisition of skills by both girls and ladies of the community on how to make re-usable pads

Photos showing students in training sessions



Emmanuel Sserunkuuma (KAP Projects coordinator) and Bridget (Pads making trainer) with students of Green hill S.S in a training on how to make pads



Emmanuel Sserunkuuma (KAP Projects coordinator) and Bridget (Pads making trainer) with students of Holy Family Senior Secondary School in a training on how to make pads



Kabungo Primary School in Hygiene session



A pupil demonstrating on how to care for the pads

Trainer in session showing students how to make re-usable pads.



Materials used to make pads



Cut out pads

Students with their packs of re-usable pads



Kabungo Primary School pupils very much pleased after receiving re-suable sanitary pads



Janet Nakku (Project Manager) supplying re-usable sanitary pads to students of Holy Family Senior Secondary School .



Photo showing St. Benedict School pupils after receiving re-usable sanitary pads.



Conclusion and Recommendation

- The Project was much appreciated by the girls and schools staff in all schools.
- The skills acquired will enable the girls to make their own re-usable pads to add on what was given to them.
- Menstruation Hygiene is and remains a useful topic to adolescent students especially those in rural setup.
- However, the sessions were short and the trainers and training materials were few. For sustainability there is still need for more sessions and materials. A well-equipped workshop in the community can be a possible solution.
- Out of over 600 students trained, only 200 students and 2 ladies received packs of re-usable pads, we recommend more funding for more re-usable pads. This will help to reach out to other schools and community ladies.
- One school administrator suggested and recommended an outreach project for boy child who has been neglected in the recent years.

As members of KAP and Kyamulibwa community, we extend our sincere appreciation to KAP friends in Germany for sponsoring this project.

A message of appreciation from the girls' representative: appreciation to KAP Management and the project funders for supporting the girls with re-usable sanitary pads to enable them stay in school and to improve our academic performance.

Thank you.

*Compiled by; Nakku Janet
Project Manager*